

# Y8 Learning Journeys

# Learning Journey

## Title: Athletics - Knowledge

Why are we learning this?

-To develop our understanding of the **rules** and **scoring system** for different events in athletics.

-To improve our **performance** in different athletics events.



5 Shotput



4 High jump



6 Javelin



3 Long jump

Start

1

Sprinting



2

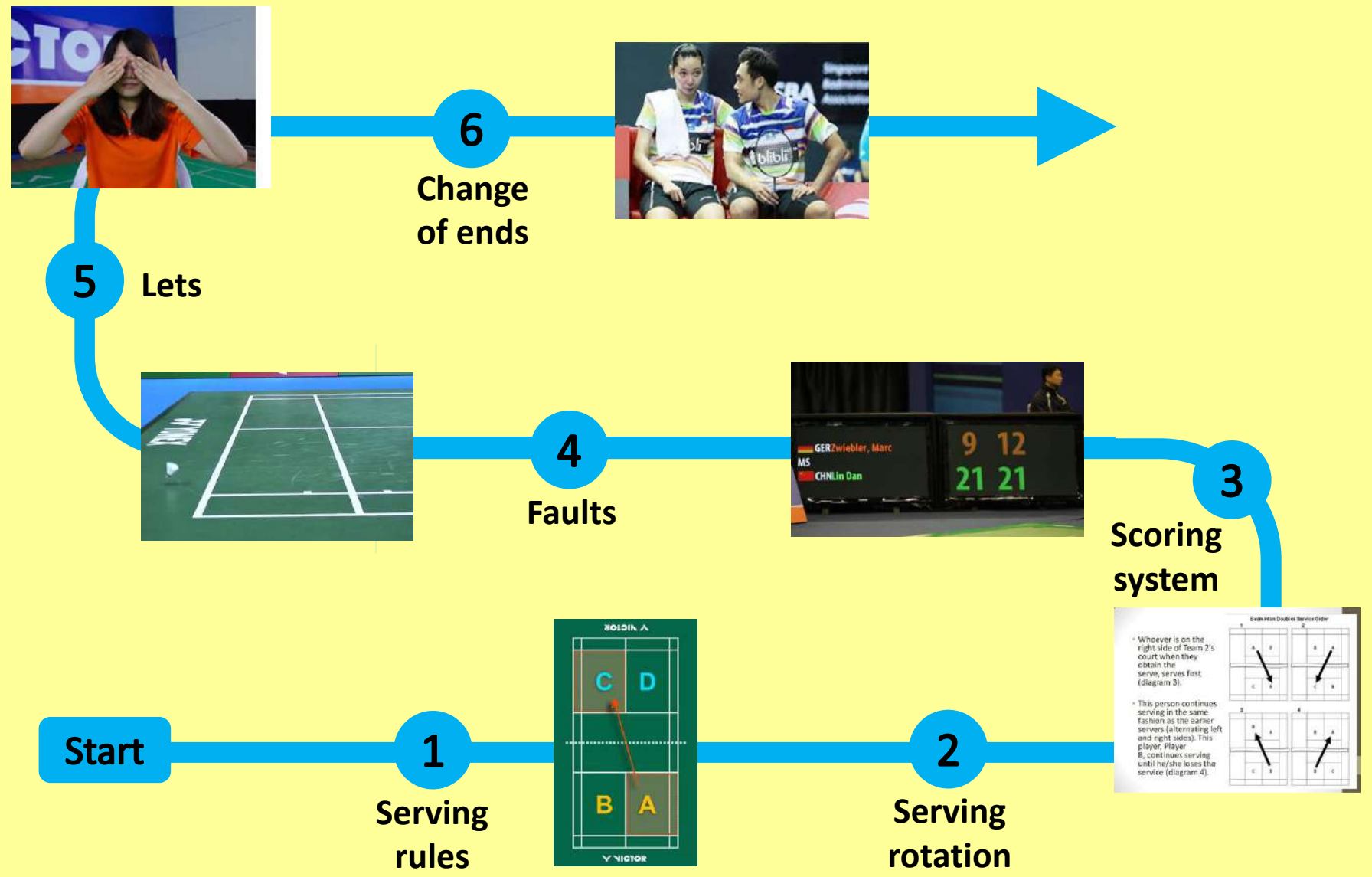
Long distance



# Learning Journey

## Title: Badminton - Knowledge

Why are we learning this?  
-To develop our understanding of the different **rules** and the **scoring system** in badminton.  
  
-To improve our **performance** in badminton.



**Badminton Double Service Order**

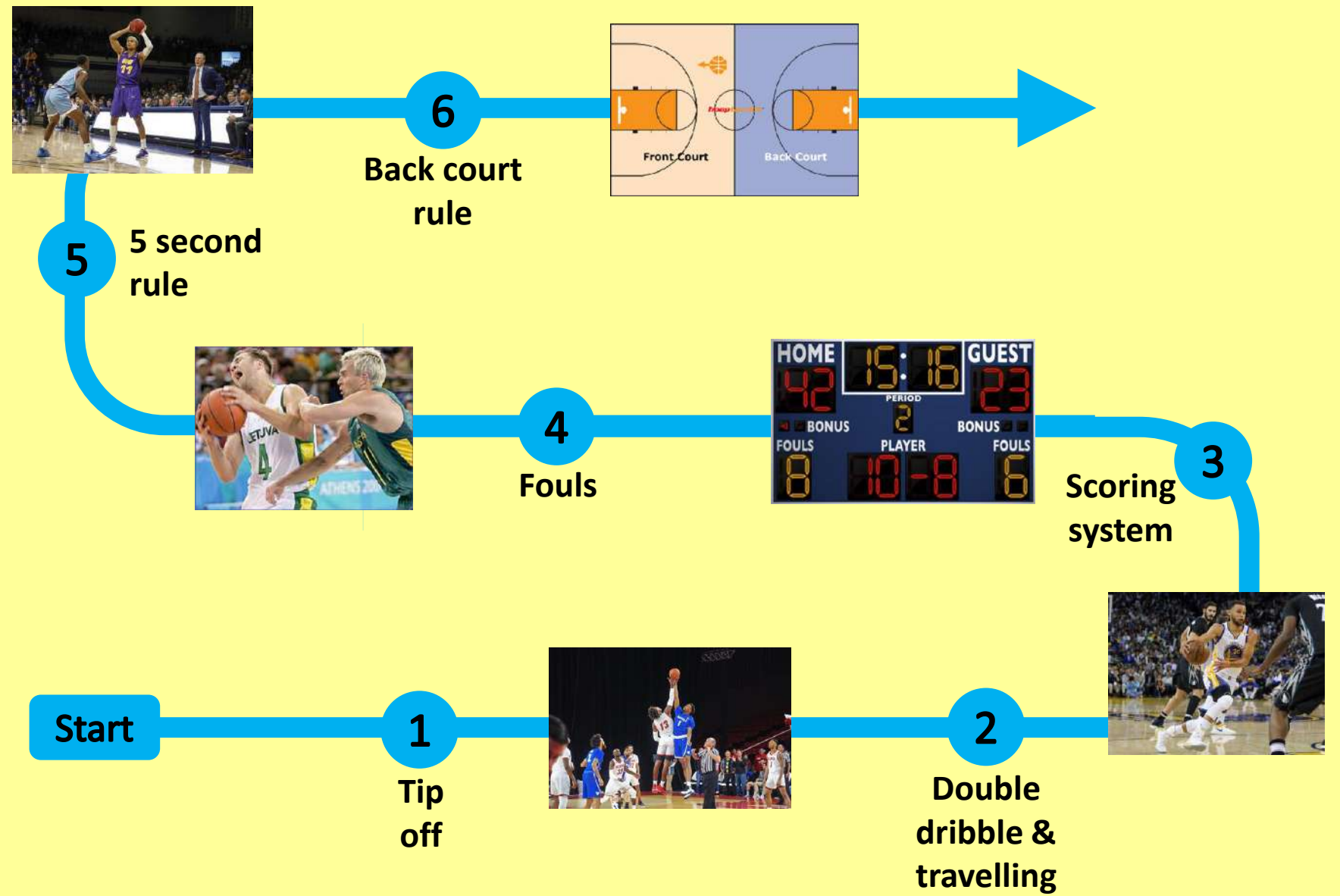
\* Whoever is on the right side of Team 2's court when they obtain the serve serves first (diagram 3).

\* This person continues serving in the same fashion as the earlier servers (alternating left and right sides). This player, Player B, continues serving until he/she loses the service (diagram 4).

# Learning Journey

## Title: Basketball - Knowledge

Why are we learning this?  
-To develop our understanding of the different **rules** and the **scoring system** in basketball.  
  
-To improve our **performance** in basketball.



# Learning Journey

## Title: Cricket - Knowledge

Why are we learning this?  
-To develop our understanding of the different **rules** and the **scoring system** in cricket.  
  
-To improve our **performance** in cricket.



5 Stumping



4 Bowling rules



6 Coin toss



3 Batting rules



1 Outs -catches



2 Scoring runs & run outs

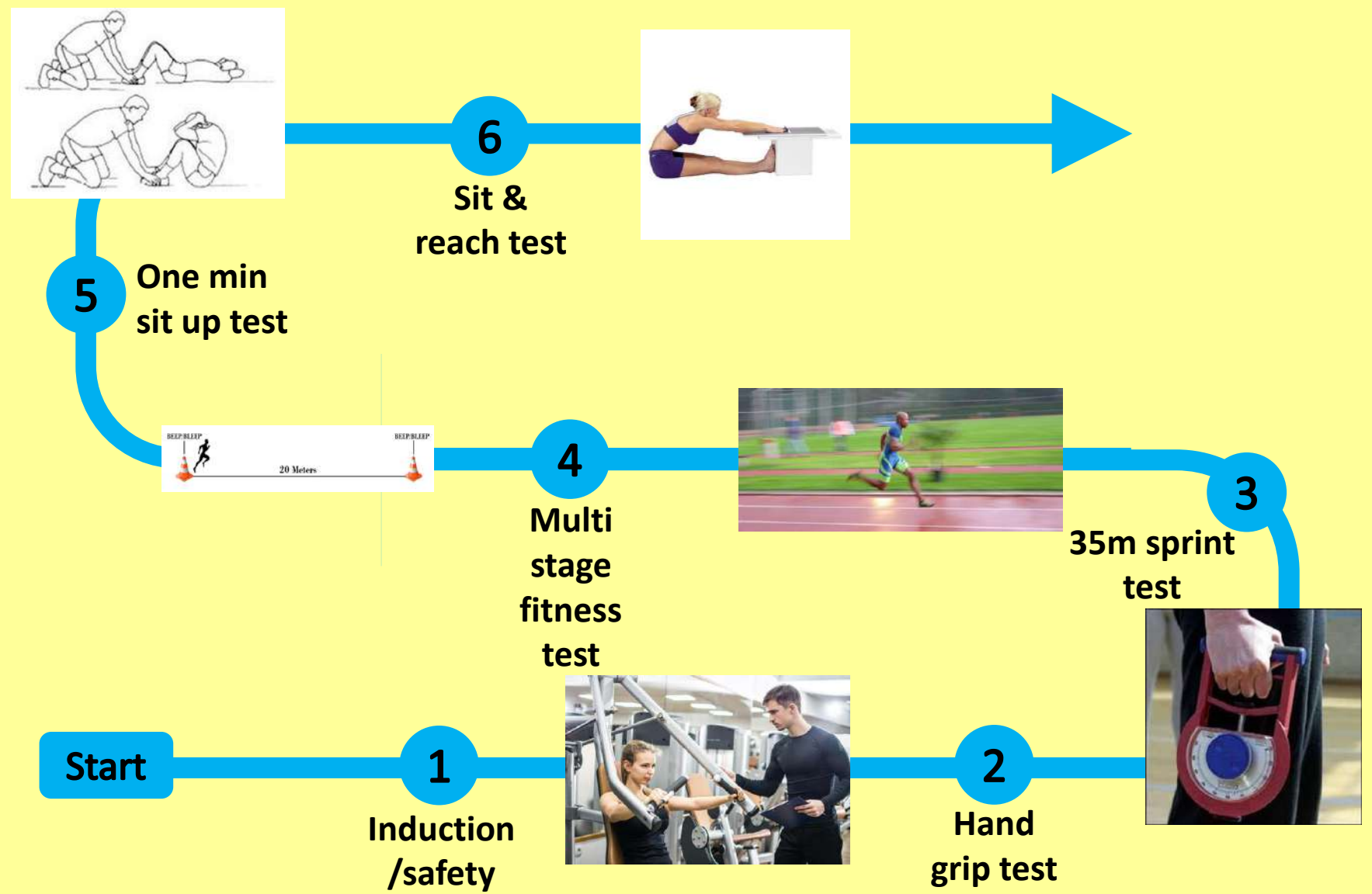
Start



# Learning Journey

## Title: Fitness - Knowledge

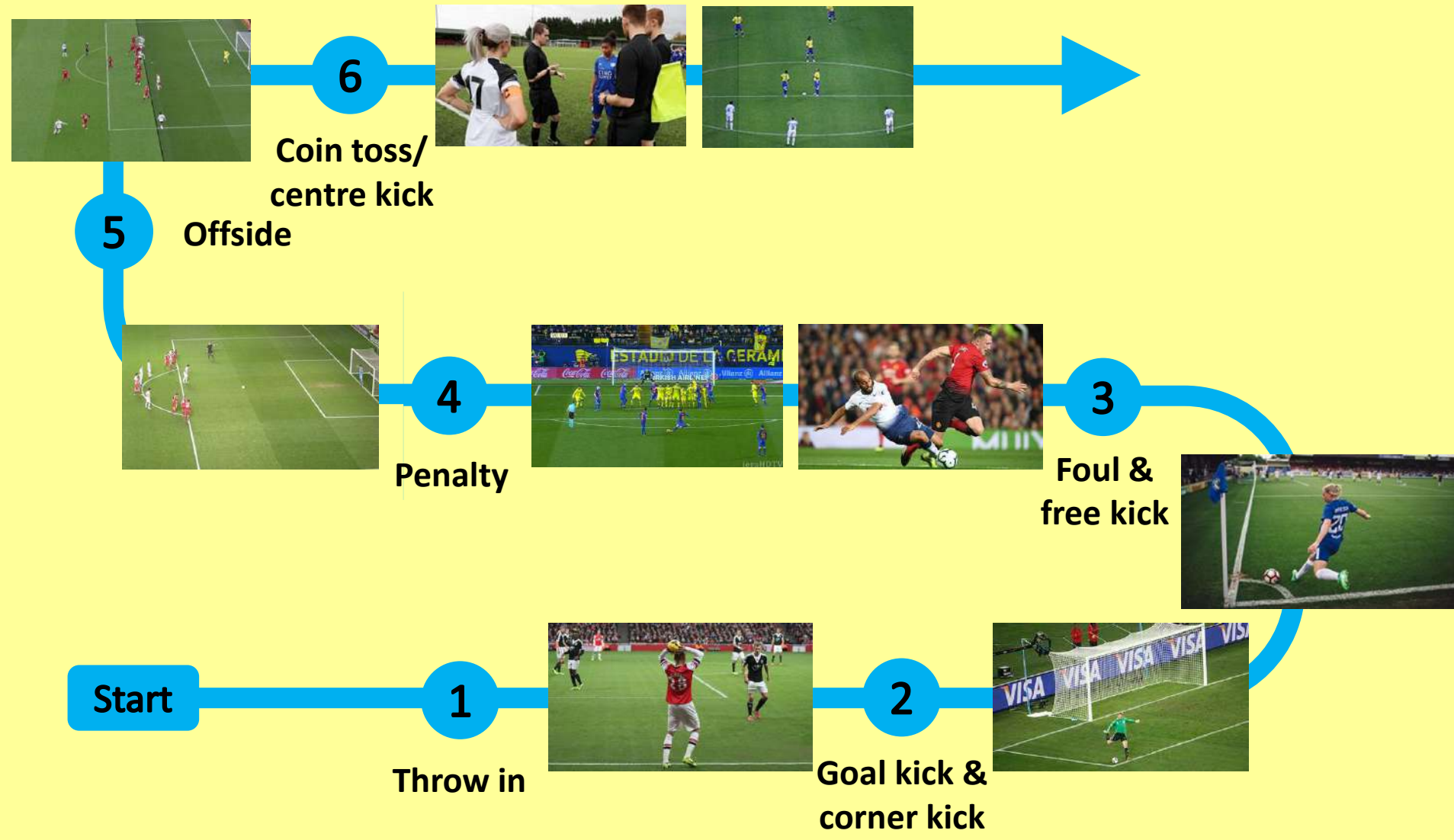
Why are we learning this?  
-To learn how to **test** each type of fitness.  
  
-To improve our **fitness** levels.



# Learning Journey

## Title: Football - Knowledge

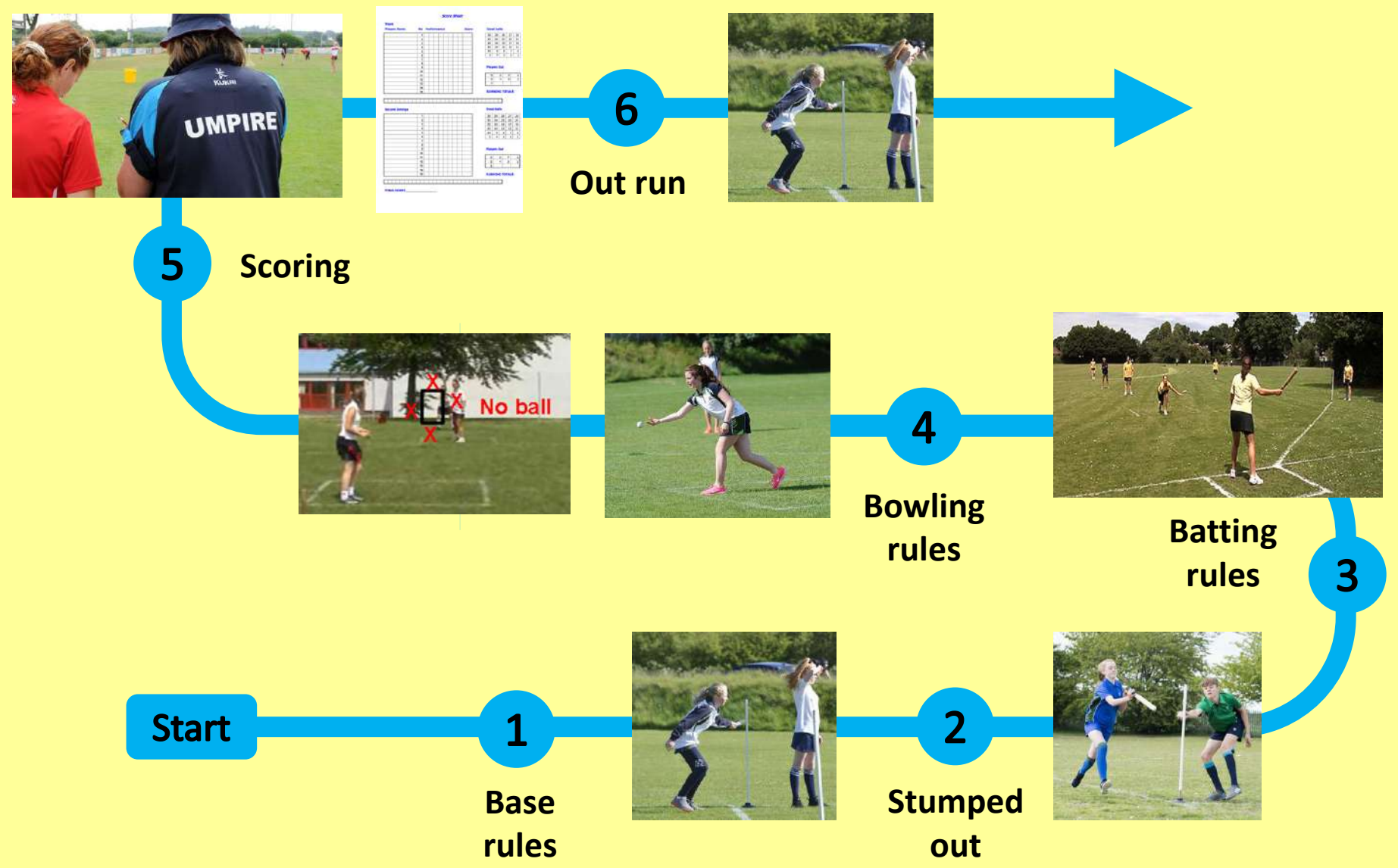
Why are we learning this?  
-To develop our understanding of the different **rules** and the **scoring system** in football.  
  
-To improve our **performance** in football.



# Learning Journey

## Title: Rounders - Knowledge

Why are we learning this?  
-To develop our understanding of the different **rules** and the **scoring system** in rounders.  
  
-To improve our **performance** in rounders.



Start

1

Base rules



2

Stumped out



3

Batting rules



4

Bowling rules



5

Scoring

A photograph of a rounders scoreboard with columns for Name, Runs, Wickets, and Overs.

6

Out run





# Learning Journey

## Title: Trampolining - Performance

Why are we learning this?

- To develop our **understanding** of trampolining.
- To learn the correct **technique** for different skills in trampolining.
- To improve our **performance** in trampolining.

